

SUFFOLK COUNTY COACHES ASSOCIATION CROSS COUNTRY INVITATIONAL

SEPTEMBER 23TH, 2017
SUNKEN MEADOW STATE PARK
KINGS PARK, NEW YORK

MEET DIRECTORS: Vin Ungaro Joe Coffey
VinUngaro@SuffolkXCTF.com Sachem East

ENTRY DEADLINE: POSTMARKED BY: September 15th, 2017
Have entry mailed with PO or Payment
Fill out form (link below) as soon as you decide on attending

MAIL ENTRIES TO: SUFFOLK COUNTY COACHES ASSOCIATION
New Address→ PO BOX 761
SAYVILLE, NY 11782

ONLINE ROSTER ENTRY: TO SPEED UP SCORING AND RESULTS, YOU MUST SUBMIT YOUR
ROSTER ONLINE AT www.just-in-time-racing.com.
ONLINE ROSTERS ARE DUE BY MIDNIGHT, SEPTEMBER 15th, 2017.

PLEASE FILL OUT THE FOLLOWING FORM SO I KNOW WHAT SCHOOLS INTEND TO COMPETE:
[Google Form for Entry into Suffolk Coaches Invitational](#)

- SANCTIONING WILL BE NYSPHHSAA, CHSAA, PSAL, NYSAIS
- ONLINE TEAM ROSTER REGISTRATION REQUIRED. INSTRUCTIONS ONLINE.
- IF YOU MUST GET A PURCHASE ORDER FROM YOUR BUSINESS OFFICE, PLEASE SEND IN AN ENTRY AND THEN MAIL A SECOND WITH PAYMENT AS SOON AS POSSIBLE. FAILURE TO MEET DEADLINES WILL RESULT IN YOUR TEAM NOT BEING SEEDD PROPERLY OR ENTERED IN THE MEET.
- A SCHOOL MAY ENTER ONLY ONE VARSITY TEAM.
- AWARDS: VARSITY - EACH RACE TEE-SHIRTS TOP 15 & MEDALS TO TOP 30.
TEAM AWARD AND CHAMPIONSHIP TEES FOR 1ST PLACE.
NON-VARSITY RACES- TEE SHIRTS TO TOP 10 & MEDALS TO TOP 25.
AWARD FOR BEST TIME OF THE DAY (BOY AND GIRL)
- COMMEMORATIVE LONG-SLEEVED T-SHIRTS WILL BE ON SALE.

RACE SCHEDULE: (MEET DIRECTOR CAN ADD OR ELIMINATE RACES BASED ON ENTRIES)

9:30	JIM GILHOOLEY	GIRLS FROSH "A" RACE	1.5 MILES
9:45	BILL SHELLEY	GIRLS FROSH "B" RACE	1.5 MILES
10:00	VINNY ABRAMS	BOYS FROSH "A" RACE	1.5 MILES
10:15	TOM PUTNAM	BOYS FROSH "B" RACE	1.5 MILES
10:30	FRANK LA BIANCA	GIRLS SOPHOMORE RACE	5000M
10:55	HARRY SCHNEIDER	BOYS SOPHOMORE RACE	5000M
11:20	LARRY HOFFNER	GIRLS VARSITY "A" RACE	5000M
11:45	MARVIN GOLDBERG	GIRLS VARSITY "B" RACE	5000M
12:10	FRANK BENJAMIN	BOYS VARSITY "A" RACE	5000M
12:35	BILL GERHARDT	BOYS VARSITY "B" RACE	5000M
1:00	CYNTHIA QUINN	GIRLS JUNIOR VARSITY RACE	5000M
1:25	KURT PASLER	BOYS JUNIOR VARSITY RACE	5000M

Reminder that all rosters are due by September 15th, 2017
www.just-in-time-racing.com

SUFFOLK COACHES ENTRY FORM

SEPTEMBER 23rd, 2017 SUNKEN MEADOW STATE PARK, KINGS PARK, NY

SCHOOL: _____ BOYS OR GIRLS

CIRCLE ONLY ONE - USE SEPARATE ENTRY FOR EACH

COACH: _____

E-MAIL & CELL PHONE: _____

AD Name & PHONE: _____

INDICATE THE NUMBER OF TEAMS IN EACH CATEGORY:

(A SCHOOL MAY PARTICIPATE IN ONLY ONE VARSITY RACE AND NO SCHOOL MAY ENTER A JUNIOR VARSITY TEAM UNLESS THEY HAVE ENTERED A TEAM IN THE VARSITY DIVISION.)

7 ATHLETES MAKE UP A VARSITY TEAM, ALL OTHER RACES HAVE UNLIMITED NUMBERS

Varsity:	JV:	SOPH:	FROSH:
TOTAL TEAMS:	@ \$50.00		(1)\$ _____

INDICATE THE NUMBER OF INDIVIDUALS IN EACH CATEGORY:

ONLY ENTER INDIVIDUALS IF YOU DO NOT HAVE A "TEAM" ENTERED IN AN ABOVE CATEGORY.

JV:	SOPH:	FROSH:
TOTAL INDIVIDUALS:	@ \$10.00	= (2)\$ _____

For schools outside of Suffolk County - \$35.00 (3)\$ _____
(New York State Parks Fee For Bus Entry Permit)
(Suffolk Schools Are Charged Through Section XI- Enter \$0)

For schools outside of Suffolk County - \$25.00 (4)\$ _____
Official Fees must be included.
(Suffolk Schools Are Charged Through Section XI- Enter \$0)

For Suffolk County Schools: Association Dues (\$50.00) (5)\$ _____

TOTAL FEE (Sum of lines 1-5): \$ _____

THIS IS AN ENTRY FEE, NOT A PARTICIPATION FEE!

MAIL ENTRIES TO: SUFFOLK COUNTY COACHES ASSOC. INC
PO BOX 761
SAYVILLE, NY 11782

CHECKS PAYABLE TO SUFFOLK COUNTY COACHES ASSOCIATION, INC.
Tax ID # - 11-2843457