

# SuffolkXCTF.com

Last Update: 10/23/18

## All-Time Section XI Girls 5k Times @ Sunken Meadow (Sub 20:00)

1	KATHERINE LEE	SHOREHAM- WADING RIVER	2016	18:10.4
2	KELSEY MARGEY	HARBORFIELDS	2010	18:13.4
3	LAURA CUMMINGS	BAYSHORE	2002	18:15.3
4	LAURA WHITNEY	STONY BROOK	1981	18:26.2
5	JILLIAN MASTROIANNI	SAYVILLE	1997	18:28.4
6	SARAH CONNELLY	MOUNT SINAI	2018	18:34.8
7	RACHEL PAUL	SACHEM EAST	2011	18:36.2
8	BRITTANY SHEFFEY	BELLPORT	2005	18:39.5
9	MARY KATE ANSELMINI	WARD MELVILLE	2010	18:45.5
10	HEATHER ZIMMERMAN	MILLER PLACE	1982	18:49.3
11	TIANA GUEVARA	MILLER PLACE	2012	18:49.7
12	JENNIFER NORTON	EAST ISLIP	1990	18:50.2
13	VERONICA HABERL	LONGWOOD	1982	18:50.6
14	CHRISTINE GENTILE	BABYLON	1984	18:52.0
15	BRIDGET BRENNAN	NORTHPORT	2009	18:52.6
16	KATHY PITCHER	BAYSHORE	1984	18:52.9
17	JACKLYN MARSHALL	KINGS PARK	2007	18:53.0
18	ELLEN DOUGHERTY	RIVERHEAD	2003	18:53.3
19	EDITH VILARDI	WILLIAM FLOYD	1984	18:54.8
20	KRISTY LONGMAN	SAYVILLE	2005	18:55.4
21	REGINA ROGERS	WARD MELVILLE	1978	18:56.0
22	KATIE WRINKLE	PATCHOGUE-MEDFORD	1996	18:56.4
23	FRAN MONTES	EAST ISLIP	1977	18:57.0
24	DEBBIE REBORE	WEST ISLIP	1983	18:57.9
25	ALI FOOTE	WEST ISLIP	2009	18:59.1
26	PIA PALLADINO	HUNTINGTON	1976	18:59.9
27	KATIE SKINNER	RIVERHEAD	2009	19:00.0
28	MICHELLE GAYE	HARBORFIELDS	2010	19:02.2
29	FRAN MONTES	EAST ISLIP	1977	19:02.3
30	JACKIE BERMAN	SACHEM	1996	19:03.8
31	DONNA PETRSORICH	WEST ISLIP	1985	19:04.2
32	TONI-LYNN SALUCCI	SHOREHAM- WADING RIVER	2002	19:05.6
33	MELISSA MALAKOFF	BAYSHORE	1997	19:06.4
34	NOREEN GUILFOYLE	MOUNT SINAI	2016	19:07.4
35	ALEXANDRA DECICCO	SACHEM EAST	2015	19:08.4
36	ALLISON HOFMANN	ROCKY POINT	1998	19:11.2
37	TALIA GUEVARA	MILLER PLACE	2012	19:11.4
38	LAURA NOLAN	MILLER PLACE	2012	19:11.5
39	DANIELLE SAFRAN	BRENTWOOD	1994	19:12.1
40	CINDY BURGER	SMITHTOWN EAST	1984	19:12.3
41	LINDA DETLEFSEN	SACHEM	1978	19:13.0
42	ANN MARIE BRADY	SACHEM	1984	19:13.1
	SUEJIN AHN	WARD MELVILLE	2007	19:13.1
44	EMILY WEINERT	BELLPORT	1996	19:13.3

45	MARY LIZ MC CURDY	BAYSHORE	2004	19:13.5
46	JEANNA COMPOSTI	SACHEM	1997	19:13.8
47	ALEXANDRA HAYS	SHOREHAM- WADING RIVER	2016	19:14.2
48	MARIA SMITH	SHOREHAM- WADING RIVER	2016	19:14.6
49	FIONA MCLOUGHLIN	COMMACK	2018	19:14.7
50	LINDSAY SUNDELL	NORTHPORT	2002	19:14.8
	ERIN HAYS	SHOREHAM- WADING RIVER	2006	19:14.8
52	ALLISON STAPLETON	COMMACK	2010	19:14.9
53	MELISSA TEMPESTA	PATCHOGUE- MEDFORD	2003	19:15.8
54	KIM BOWMAN	CENTERREACH	1982	19:16.0
55	EMILY GERMANO	BAYSHORE	1992	19:16.1
56	ERIN DOLAN	LONGWOOD	1992	19:16.5
57	KIM CERTAIN	HALF HOLLOW HILLS	1983	19:16.7
58	ALYSSA KNOTT	SMITHTOWN	2010	19:16.8
	KATIE MURPHY	HAUPPAUGE	2014	19:16.8
60	CHRISTINE SKINNER	HARBORFIELDS	1980	19:17.0
	SHARON HOFFMAN	ROCKYPOINT	1982	19:17.0
62	BRIDGET KANALEY	BAYSHORE	2016	19:18.3
63	CHANTE DAILY	BAYSHORE	1994	19:19.4
64	CALLIE HOGAN	BAYSHORE	2006	19:19.9
65	BRONWYN PAYNE	BELLPORT	1983	19:20.3
66	KIM MORAN	BAYSHORE	2008	19:21.2
67	CAROLINE O'HEA	WARD MELVILLE	2009	19:21.4
68	ERIN NEVILLE	COMMACK	2010	19:21.7
69	KERI SEHER	SACHEM	1995	19:22.0
70	MEGAN O'SHEA	MILLER PLACE	1999	19:22.4
71	MICHELLE STEFANO	HALF HOLLOW HILLS	1995	19:24.2
72	VICTORIA D'AMATO	NORTHPORT	2011	19:24.8
73	JESSICA HAMPSON	SMITHTOWN	2005	19:24.9
74	KATHLEEN NAEHER	KINGS PARK	2012	19:25.3
75	PAYTON CAPES-DAVIS	SHOREHAM- WADING RIVER	2016	19:25.4
76	SANDRA SINDACO	KINGS PARK	1985	19:26.0
77	ROSHNI SINGH	BAYSHORE	2018	19:26.3
78	KAREN LABADDIA	SACHEM	1992	19:26.8
	ALLISON KIEFFER	WEST ISLIP	2003	19:26.8
80	GABRIELLE SCHNEIDER	SMITHTOWN	2015	19:27.6
81	LEIF-ANN REILLY	SMITHTOWN	1998	19:27.7
82	DONNA DALEY	CENTEREACH	1983	19:27.8
83	JACKIE NUNEZ	MOUNT SINAI	1996	19:28.0
84	JANICE CROSS	PORT JEFFERSON	1979	19:28.1
85	JORDAN McDONNELL	SACHEM NORTH	2018	19:28.7
86	BECKY WILLIAMS	PORT JEFFERSON	1985	19:28.8
87	BROOKE JOHNSON	SHOREHAM- WADING RIVER	2007	19:28.9
88	ELISE RAMIREZ	SACHEM NORTH	2014	19:29.5
89	MEGAN HOLDEN	SHOREHAM- WADING RIVER	1985	19:30.0
90	CAROLYN WAHL	BAYPORT-BLUE POINT	1983	19:30.3
	KELLY LILJEBLAD	WEST ISLIP	1986	19:30.3
92	STEPHANIE HENDERSON	LONGWOOD	2001	19:30.4
93	SHANNON WEEKS	SACHEM	1995	19:31.1
94	RACHEL RUGGIERO	SACHEM EAST	2016	19:31.6

95	COURTNEY WILLIAMS	WARD MELVILLE	2012	19:31.7
96	LAUREN SCHMIDT	BAYSHORE	2004	19:32.1
97	NIAMH ASHE	EAST ISLIP	2012	19:32.3
98	KATHRYN ALLARD	MILLER PLACE	2003	19:32.4
99	TAYLOR MCCLAY	EASTPORT-SOUTH MANOR	2015	19:32.6
100	KARISSA HORSLEY	BELLPORT	1996	19:33.2
101	NICOLE ALESKOWITCH	SHOREHAM- WADING RIVER	1987	19:33.9
102	JANELLE KRAUS	SHELTER ISLAND	1981	19:34.0
	LIANNE FARBER	NORTHPORT	2009	19:34.0
104	JODI LECKIE	LONGWOOD	1987	19:34.1
105	CHRISTINA DEROSA	MILLER PLACE	2002	19:34.7
106	ANNA CORRIGAN	NORTHPORT	2010	19:34.8
107	PATTI COSTELLO	COMSEWOGUE	1981	19:34.9
108	JUDY CROSS	PORT JEFFERSON	1978	19:35.0
109	KATHY SULLIVAN	KINGS PARK	1977	19:35.1
110	KELLY IOCCA	CONNETQUOT	2016	19:35.2
111	VALERIE BERTRAND	NEWFIELD	1984	19:35.7
112	GININE LUCARALLO	WILLIAM FLOYD	1999	19:36.3
113	CATHERINE COFONE	MILLER PLACE	1998	19:36.8
114	SAMI REILLY	WARD MELVILLE	2009	19:37.5
115	SHANNON O'HEHIR	SACHEM EAST	2011	19:37.7
116	AMY DE MARCO	SHOREHAM- WADING RIVER	2000	19:38.2
117	SHANNON AHEARN	KINGS PARK	2012	19:38.3
118	NOEMI SEPULVEDA	BRENTWOOD	1983	19:38.8
119	SUSAN O'SICKEY	MILLER PLACE	1978	19:39.0
	KRISTEN FOSDICK	LONGWOOD	1992	19:39.0
121	KRISTEN WOJTUNIAK	LONGWOOD	2007	19:39.7
	PAIGE KOENIG	SMITHTOWN	2010	19:39.7
123	CAITLIN BRADY	SAYVILLE	2002	19:40.0
124	KIM CARAMANICA	MILLER PLACE	2001	19:40.2
125	KATHY SULLIVAN	KINGS PARK	1979	19:41.2
126	JESSICA EDBERG	ROCKY POINT	1996	19:42.0
	VICTORIA LOWE	SMITHTOWN	2009	19:42.0
128	JESSICA SMILLIE	CONNETQUOT	2011	19:42.8
129	KATIE SAROKA	BAYPORT-BLUE POINT	2011	19:43.2
130	JANIE TUREK	MOUNT SINAI	2008	19:43.3
131	LINDSEY DODENHOFF	SACHEM EAST	2016	19:43.4
132	CATHERINE FARRELL	SMITHTOWN	2016	19:43.6
133	SYDNEY CARPENTER	BAY SHORE	2018	19:43.7
134	PAM O'SULLIVAN	BAYSHORE	2003	19:44.3
135	LAURA MINA	BAYSHORE	1996	19:44.4
136	CHARLENE WALSH	WILLIAM FLOYD	1998	19:44.7
137	MELISSA MERONE	SACHEM EAST	2018	19:44.8
138	CATHY PARBST	CENTEREACH	1984	19:45.0
	KATRINA KOTHE	SHOREHAM- WADING RIVER	1985	19:45.0
140	DANIELLE KARAGANNIS	NORTHPORT	2005	19:45.3
141	VALERIE ROMERO	SACHEM EAST	2014	19:45.5
142	KRISTEN HOMEYER	KINGS PARK	2012	19:46.0
143	KAITLYN CHANDRIKA	MOUNT SINAI	2018	19:46.2
	KATHRYN SHEEHAN	SHOREHAM- WADING RIVER	2007	19:46.2

145	CHRISTINA YAKABOSKI	RIVERHEAD	2018	19:45.7
146	SARAH ZIEVE	NORTHPORT	2008	19:46.3
147	SHARI MARK	SACHEM	1991	19:46.9
148	KRISTEN DEMPSEY	CONNETQUOT	1989	19:47.8
149	DIANE KIRCHOFF	HARBORFIELDS	1978	19:48.0
	THERESA FATH	BELLPORT	1999	19:48.0
	RENE COVI	ROCKY POINT	1985	19:48.0
152	AMY IRVING	CONNETQUOT	2012	19:48.4
153	LISA MELCHIONE	SHOREHAM- WADING RIVER	1996	19:48.6
	MADLINE MEEK	WARD MELVILLE	1999	19:48.6
155	LORA PRESTANDREA	MILLER PLACE	1987	19:49.4
156	SUZANNE KENNEDY	HARBORFIELDS	1985	19:49.8
	JACKIE THORNE	NORTHPORT	2014	19:49.8
158	FRAN PALLADINO	HUNTINGTON	1981	19:50.0
	DIANE TWARDZIK	WILLIAM FLOYD	1981	19:50.0
160	MOLLY DEARIE	WARD MELVILLE	2014	19:50.2
161	JEAN REILLY	MILLER PLACE	1984	19:50.3
162	REGINA ELY	CONNETQUOT	1994	19:50.5
163	PETRA FICKEN	WILLIAM FLOYD	1981	19:51.0
	ELLEN WALKER	MILLER PLACE	1982	19:51.0
165	LINDSAY KAHN	PORT JEFFERSON	2004	19:51.5
166	CHRISTINE JOHNSON	LONGWOOD	2005	19:51.8
167	MARISSA BANDUCCI	CENTER MORICHES	2004	19:52.0
168	JULIANA MARUCCI	WARD MELVILLE	2011	19:52.8
168	BRITTANY CARTER	WESTHAMPTON BEACH	2002	19:52.9
169	LYNDSAY WEBBER	SAYVILLE	1998	19:53.0
170	JORDAN McDONNELL	SACHEM NORTH	2018	19:53.1
171	MELISSA DE MICCO	BABYLON	1991	19:53.4
172	VICTORIA INGRAM	SMITHTOWN	2012	19:53.9
	KAITLYN OHRTMAN	SHOREHAM- WADING RIVER	2015	19:53.9
174	KELLY ABBATE	NORTHPORT	2007	19:54.1
175	FAITH REYNOLDS	WARD MELVILLE	2014	19:54.4
176	JENNIFER GRAHAM	BAYSHORE	1982	19:54.5
177	VANESSA HAMBLET	SHELTER ISLAND	1999	19:54.6
178	SARAH MC CURDY	BAYSHORE	2007	19:54.7
179	SHERRY LITTLE	BAYSHORE	1985	19:55.1
180	BRIDGET REILLY	WARD MELVILLE	2005	19:55.5
181	KELLY LAVAN	SACHEM NORTH	2011	19:55.7
	SARAH HARDIE	JOHN GLENN	2012	19:55.7
183	STEPHANIE BARNES	BAYSHORE	2008	19:56.1
184	DANIELLE PARITI	SACHEM	1985	19:56.3
185	LAURA BARRECA	MILLER PLACE	2014	19:56.6
186	ASHLEY WAROKOMSKI	WARD MELVILLE	2016	19:56.7
187	JENNIFER MERSCHOFF	CONNETQUOT	1996	19:56.8
188	JASMIN REYES	BAYSHORE	2015	19:57.3
189	BRIANA SHEWAN	WARD MELVILLE	2003	19:57.8
190	MARI PARKS	BAYSHORE	1982	19:58.0
	JILLIAN HANCOCK	SHOREHAM- WADING RIVER	1996	19:58.0
192	JESSICA LEE	LONGWOOD	1998	19:58.1
193	DELORES LICKUM	COMMACK	1986	19:58.4

194	DAISY GOLDSTEIN	MILLER PLACE	2000	19:58.6
195	EMILY GINTY	SMITHTOWN	2018	19:58.9
196	ERIKA THURO	JOHN GLENN	1978	19:59.0
	DIANA HEISER	BAYPORT- BLUEPOINT	1999	19:59.0
198	SANDRA PARITI	SACHEM	1984	19:59.2
	ERIN SILVERING	SACHEM	1997	19:59.2
	LINDSEY DODENHOFF	SACHEM EAST	2018	19:59.2
201	JENN GIVEN	BAYSHORE	1986	19:59.3
	MELANIE PFENNIG	MATTITUCK	2015	19:59.3
203	MARGARET GERMANO	BAYSHORE	1996	19:59.4
204	MARY MELFI	SACHEM	1985	19:59.5